

Visit our website  
at [www.ct-aa.org](http://www.ct-aa.org)  
for a list of  
meetings in every  
town as well as  
other important  
AA information!

To contact the "Bridging  
the Gap" representative  
in your district call 1-  
800-449-1359 or go to  
[www.ct-aa.org/service-  
committes/treatment-  
center](http://www.ct-aa.org/service-committes/treatment-center). To volunteer, fill  
out the form on the web  
page and email to  
[btg@ct-aa.org](mailto:btg@ct-aa.org).



*ALCOHOLICS ANONYMOUS*® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

- The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.
- A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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**AREA 11**

# BRIDGING THE GAP



**AA's Correction  
and Treatment  
temporary  
contact  
program in  
Connecticut**

**CALL**

**1-800-449-1359**

## **How to get assistance from Area 11 Bridging the Gap**

We of Alcoholics Anonymous in Connecticut provide a "Bridging the Gap" program to help alcoholics in Treatment and Corrections facilities who will live in the Connecticut area and who are interested in continuing their recovery within AA. The intent is to **bridge the gap** between the facility and their home areas by providing a temporary contact who can introduce them to other nearby recovering alcoholics.

Getting back to the "real world" isn't always easy for an alcoholic. Many of us had not been sober on the outside for a long time and we found that the first days were a little frightening. Sometimes we didn't know if we could stay clean and sober.

Even new members of AA usually know they can't make it alone. The dilemma for many of us was that we didn't know if we could go to an AA meeting on our own. We said things like, "Where can I find a meeting that will be

comfortable for me?" or "Who will I be able to trust?" It was tempting to give in to "I won't fit in" or "I am too different."

Many of us who have successfully made this transition are now available to assist newcomers through the Bridging the Gap program. Being alcoholics ourselves, we know the people you meet in your first few days home from a facility can make all the difference.

If you have the desire to have this assistance when you get released from a treatment facility or correctional institution, please contact us by calling the number on the front of this flier. If there is no one available at the time of your call, please leave your name, home town and a number where you can be reached and someone will be in contact with you as soon as possible.

**IT IS STRONGLY RECOMMENDED  
THAT YOU MAKE THIS CALL PRIOR  
TO LEAVING THE FACILITY SO  
THERE IS LITTLE TO NO DELAY IN  
GETTING TO YOUR FIRST AA  
MEETING!!**

## **How to VOLUNTEER Area 11 Bridging the Gap**

Volunteers are needed to help alcoholics who are just leaving a treatment center or correctional institution and need to make a connection with AA upon their release. Your help is needed to act as a temporary contact who will introduce him/her to a few meetings and fellow members of A.A. Please sign up if you are willing to give some time to another recovering alcoholic. This list will be held in confidence by your District Chair and will only be used for the above stated purpose.

**"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."**

**- Alcoholics Anonymous, pg. 89**

Qualifications: One year of continuous sobriety, should have a sponsor and working the steps.